

Animal Assisted Programming:

The Canine Assisted Therapy Program/ Group - The Canine Assisted program provides a cognitive-behavioral intervention in which residents learn problem solving skills, build trust, enhance communication skills, and learn to be a member of a team all through dog training. The residents learn the skills necessary to train dogs to become service dogs. Through this process, they learn the importance of patience, structure, positive reinforcement, and emotional regulation. The residents in this program are responsible for the care and wellbeing of their dogs. Their responsibilities include feeding, grooming, bathing, training, and attending vet appointments.

Equine Program-Home on the Range employs two separate Equine Programs with separate approaches designed to accommodate the needs of residents.

The Intensive Equine Program consists of a three member team; horse, horse expert and mental health expert working together to address the treatment needs of HOTR clientele displaying externalizing behaviors. The program utilizes a three prong approach consisting of equine assisted psychotherapy, education and skill development to improve and further develop the socially acceptable behaviors of these youths. The program consists of an individual session and three group sessions each week for a total of ten hours. In addition the program is expanding services to better address family needs and offer consistent family sessions utilizing equine assisted techniques. The program also employs a pre/post testing system that aids in evaluating the overall effectiveness of the interventions. Residents in this program typically do not attend ancillary groups with the exception of the Orientation Group and the LIDA Groups.

General Equine Program utilizes an eclectic/directive approach to the treatment process. The group meets one day per week and is divided into three distinct group sessions during that time with independent focuses for each session based on the specific needs of the participants. The program also includes weekly individual sessions. This program works in conjunction with other group therapies such as Cognitive Restructuring, Grief Programs, and other to address a multitude of issues such as changing criminal thinking errors, grief and loss, and substance abuse concerns.