



Trauma-Informed Care

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Issue 4

TIC NEWS



Ten Types of ACES

<u>ABUSE</u> (things that happen TO you)	<u>FAMILY DYSFUNCTION</u> (things that happen AROUND you)	<u>NEGLECT</u> (things that don't happen FOR you)
Sexual Abuse (11%)	Mental Illness (19%)	Physical (10%)
Emotional Abuse (21%)	Substance Abuse (28%)	Emotional (15%)
Physical Abuse (28%)	Incarcerated Relative (11%)	
	Mother treated violently (13%)	
	Parental Divorce (23%)	

Percentages represent the original numbers of general HMO (Health Maintenance Organization) participants that endorsed this type

We will start putting ACE scores on the Resident's Information Sheets in February.

This study was taken in 1998

ACE score	Relative Risk
0	1.0
1-2	2.0 x
3	2.5 x
4	4.0 x
5+	6.5 x

← ACES & illicit drug use

ACE score	Risk for domestic violence as an adult
0	1.0
1	1.8 x
2	2.4 x
3	3.3 x
4+	5.5 x

← ACES & domestic violence

ACES & suicide attempts

ACE score	Risk for suicide attempt during childhood or adolescence
0	1.0
1	1.4 x
2	6.3 x
3	8.5 x
4	11.9 x
5	15.7 x
6	28.9 x
7+	50.7 x



Conceptual Framework for the ACE Study



Relative Risk Factors

Cancer & ACES...

Women who experienced two or more ACES, doubled their risk of having a cancer before 50, relative to women who had no childhood adversities. There was a tendency towards a graded association between childhood adversity and adult cancer across the ACE categories.

Smoking & ACES...

Of those with a lifetime diagnosis of PTSD, 45% were current smokers and 63% reported a lifetime history of smoking. These rates were significantly greater than rates of current smoking among individuals without mental illness (22% & 39% respectively).

Bad Dreams...

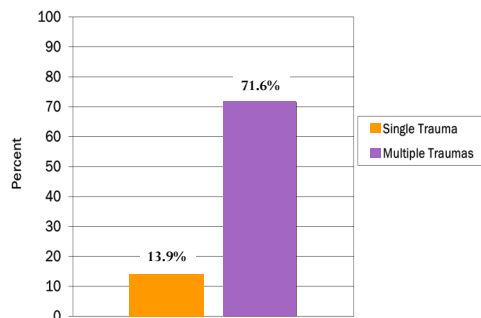
According to a new study, adults who experienced multiple incidents of childhood maltreatment were more than two times as likely to have trouble sleeping than their counterparts who were not maltreated during childhood.



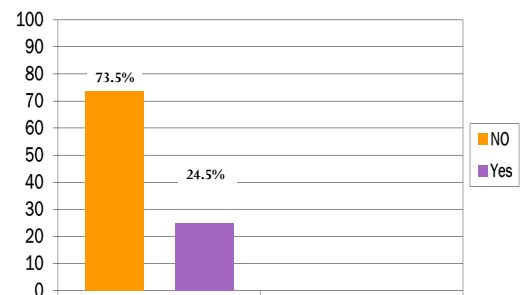
TIC Committee Members:

Josh Wirtzfeld
Kala Bacon
Mel Rose
Jeff Bertelsen
Laure Wirtzfeld
Mike Gooch
Shelly Schaefferkoetter
Laura Feldmann
Vanessa Ueckert

Prevalence of multiple traumas



Met Full criteria for PTSD



1655 children

Remember, ACES are not FATE.